The only form of food made from wheat that is all nutriment is the soda cracker, and yet-the only soda cracker of which this is really true is Uneeda Biscuit

The only soda cracker scientifically

baked.

The only soda cracker effectually protected. The only soda cracker ever fresh, crisp and clean.

The only soda cracker good at all times. In a dust tight, moisture proof package.

NATIONAL BISCUIT COMPANY

## KANSAS CLUB NEWS.

Jispersons.

Corresponding Secretary, Mrs. W. D. AtkinThe affair which was in form of a seven o'clock dinner, was held at the spacious home of Mrs. Chas. Evans, Tresuper, Mrs. H. B. Asher, Lawrence, Auditor, Mrs. Grace L. Snyder, Cawker Ty. Mrs. Grace L. Snyder, son, Parsons.
Corresponding Secretary, Mrs. N. I. Mc-Dowell, Salina.
Tressurer, Mrs. H. B. Asher, Lawrence.
Auditor, Mrs. Grace L. Snyder, Cawker City. General Federation Secretary, Mrs. Lilla Day Monroe, Topeka

Superintendent Traveling Art Galley.
Mrs. Kate Aplington, Council Grove.

First District-Mrs. F. H. Lemon, Leavenworth, president.
Second District-Mrs. D. S. Stephens, Kansas City, president, Third District-Mrs. B. S. Justice, Cha-

exhibit, which will add much to its attraction and variety.

We would also call your attention to the meeting of the State federation, to be held in Kansas City, Kansas, May 6th to the 10th, and urge all clubs entitled to representation to send at least one delegate to the meeting.

Hoping that this club year may be one of pleasure and profit to each club in the district and that our federation may be largely increased in numbers, interest and strength.

We remain, very sincerely yours, MRS. C. W. SMITH, President.

MRS. W. L. CHAMBERS, Cor. Sec.

MRS. W. L. CHAMBERS, Cor. Sec.

Ward and Miss Whittier carrying out the intent. But, to make it reach its contents of must be increased in must be carefulness.

## LAUNDRY

and sending in their subscriptions as early as possible.

Bundles received by 9 a. m. finished same day if desired, no extra charge. Cleaning, Dyeing, Pressing

FAMILY WASHING 3c to 5c a pound. Flat work ironed. Superior work and service.

TOPEKA LAUNDRY CO. Phones 153 Second and Quincy plano solo by Mrs. Rush. Miss Richardson sang a solo, after which Mrs. Catherine A. Hoffman, of Enterprise, the president of the Fifth district, delivered her address, "A Message to Club Women." This address was a most dignified and comprehensive one, completely covering the field of women's efforts. It was very much appreciated. Mrs. Hoffman discussed at length the work of the forestry committee, for which she is remarkably well qualified since she has served for two years on the general federation committee on forestry, to which she has given much study and thought. She also discussed the different phases of the educational question, particularly manual training and kindergarten training. She also spoke very eloquently of motherhood, its duties and responsibilities. The address throughout was appreciated by the ladies for its depth and clearness of reasoning.

address throughout was appreciated by the ladles for its depth and clearness of reasoning.

Mrs. Elston very sweetly sang a solo, after which Mrs. May Believille Brown, the state president, gave a half hour's talk on the practical work of the federation. Her address was bright and to the point, and the club members enjoyed it very much. In many ways her story of things accomplished by the federation was a revelation to them. Mrs. Brown emphasized the importance of the individual club woman in the work of the state federation, and how necessary she is to the carrying on of the work, even though she never goes outside her home. "It is not the corps of officers and the committees who bring these things about," said Mrs. Brown, "but the stay-at-home club woman who gives us her proxy. It is not the personal force or influence of any president which accomplishes reforms and legislation, but the fact that she can say 'Seven thousand club women ask that this be done.' It is this which makes the club movement the most potent factor of the age." Mrs. Brown closed by giving an is this which makes the club movement the most potent factor of the age." Mrs. Brown closed by giving an interesting forecast of the coming meeting of the federation, which takes place in Kansas City. May 8-10.

Two very enjoyable musical numbers were given at the close of the programme, a vocal solo by Mrs. Rearwin, and a plano duet by Misses Sylvia Gwynn and Carolina Litowich.

Mrs. McDowell and the members of the social committee deserve much

State Officers.

State Officers.

State Officers.

Mrs. W. A. Johnston, member of executive board of the G. F. W. C.

President, Mrs. May Belleville Brown, Ballina.

Vice President, Mrs. L. H. Wishard, Icla,

Recording Secretary, Mrs. W. D. Arts.

Recording Secretary, Mrs. W. D. Arts.

Bon. Parsons

The affair which was in form of a seven o'clock dinner, was held at the spacious home of Mrs. Chas. Evans, the secretary of the club. Covers were laid for twenty-four in the dining room, which was prettily decorated in pink and green. The tables successfully carried out the color scheme in the floral decorations of ferns and pink carnations.

An original and amusing feature of the cvening's entertainment consisted in illustrating and guessing the names of Ksnass towns near Colby. Much mertiment was occasioned by some of the drawings as well as by the guesses is to the identity of the reasons notice is sent this week to the clubs from the treasurer for the collection of dues. We are not yet entirely educated to paying dues January in Instead of May 1. Credential cards for the annual meeting are ready and will be sent immediately upon receipt with of accouncilman made vacant by his step-pling higher will have to be filled by his appointment of a councilman, who may be new to his duties, giving the Third ward, if Wm. Green secures the office of mayor, his position as councilman made vacant by his step-pling higher will have to be filled by his appointment of a councilman made vacant by his appointment of a councilman who may be new to his duties, giving the Third ward, if Wm. Green secures to the clubs from the treasurer for the collection of dues. We are not yet entirely educated to paying dues January in the office of mayor, his position as councilman made vacant by his step-pling higher will have to be filled by his appointment of a councilman made vacant by his step-plant of the foliation of dues. We are not yet entirely educated to paying dues January in the office of mayor, his position as councilman made vacant by his appointment of a councilman made vacant by his appointment

the evening's entertainment consisted in illustrating and guessing the names of Kansas towns near Colby. Much merriment was occasioned by some of the drawings as well as by the guesses as to the identity of the towns portrayed. Rainass City, president.
Third District—Mrs. B. S. Justice, Channete, president.
Fourth District—Mrs. Josephine Weatherly, Emporia.
A short musical programme in which several of the club laddies participated was followed by plano, solos by County. Sixth District—Mrs. C. W. Smith, Stock-ton, president.
Seventh District—Mrs. Mattle Britt Hale, La Crosse, president.
Seventh District—Mrs. S. R. Peters, Newton, president.
Seventh District—Mrs. S. R. Peters, Newton, president.
Topeka Officers.
President, Mrs. W. A. McCarter, 1524 College avenue. End tel. 466.
College avenue. Find tel. 466.
Vice President, Mrs. F. W. Watson, 401
Topeka avenue. Ind. tel. 467.
Second Vice President, Mrs. E. W. Second Vice President, Mrs. E. W. Second Vice President, Mrs. E. W. Black, Governor's house. Ind. tel. 1057.
Secretary, Mrs. W. F. Bowen, 1034 Van Buren street. Ind. tel. 427.
Treasurer, Miss Emma Waliace.
Auditor, Mrs. W. W. Kitchell.

GENERAL CLUB NOTES. Topeka avenue. Ind. tel. 677-2.

Second Vice President, Mrs. E. W.
Hamilton and Thylor.

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Hamilton and Thylor.

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Hamilton and Thylor.

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Hamilton and Thylor.

Second Vice President, Mrs. E. W.
Hamilton and Thylor.

Mrs. Sarah A. Evans, president of the Oregon State federation, in the Portland (Ore.) Journal:

Every day almost some question comes to the State Federation officers regarding club work, where they aligned the city schools in the library. Mrs. Aplington will conduct one hour's study for their benefit. There will be an admission of ten cents for adults tude of questions which the officers, and particularly this department of followed by every president every followed by every fol

the national officers are, and a will a will be an admission of the cents for adults followed by every president every year.

To the Clubs of the Sixh District:

Dear Club Women—We have be the force of the club women is coming to be felt as a power for good, this is evidenced by the enactment of the pure found in the pure for the club women is coming to be felt as a power for good, this is evidenced by the enactment of the pure for the club women is coming to be referred in the accomplishment of all of which the women have been a recognized influence, which, unorganized, they could not have been.

The Sixth District federation to the life of the been of the largest and strongest or an advanced by the enactment of the pure for good in the decease of the club woman in the Links as that article in the filter of the pure for good in the decease of the club women is compressed to the pure for good in the decease of the club women in the filter of the pure for good in the decease of the club women in the filter of the pure for good in the decease of the good in the good in the good in the good of th

Mrs. E. G. Foster entertained the Portia club yesterday. The annual election was held and these officers chosen: Mrs. H. McBride, president; Mrs. E. A. Fredenhagen, secretary; Mrs. Burton Pugh, treasurer; dele-gates, Mrs. McBride and Mrs. D. C. Til-lotson; alternates, Mrs. Francisco lotson; alternates, Mrs. and Mrs. L. H. Strickler.

The Vignette club met with Mrs. Speed Hughes Tuesday, The afternoon was devoted to the Shakespeare lesson on "King Lear." Mrs. W. I. Miller was a guest of the club. Next Tuesday the Vignette ladies will entertain the Mothers' club of the Provident association. dent association.

One of the most prominent organizations of western Kansas is the Leisure Hour club of Colby. The ladies is the Leisure Hour club of Colby of Colby. The ladies is the Leisure Hour club of Colby of Colby of C

The Clie club will meet with Mrs. G. B. Sturgeon, 1268 Buchanan street, Monday afternoon.

From the Salina Journal: The monthly meeting of the Twentieth Century club, which was held Friday evening, was a very enjoyable one. Mrs. Stowe most graciously opened her pretty home and did much to make the guests entoy the evening. Mrs. Lefty presided over the meeting in a dignified and pleasing manner, which has characterized all her work as president of the club.

A short business session was held at the beginning of the meeting, and this was followed by the first number on the programme, which was a pretty formula of the content of the programme. Which was a pretty reads Teneka State Januara.

City Council About to Undergo a Great Change.

Old Members Who Have Steered the Ship Step Out.

## MAY APPOINT HARVEY.

Possible That He May Succeed Green in Third Ward.

Hughes of Sixth Ward Will Be Dean of the Council.

Not for years has there been such ; turning out of old councilmen and a supplanting of new faces and names. At least five and possibly six council-men who have served from three to eight years each will step down and out office and give way to new me from of April 2.



W. M. Van Ness, Republican Nominee for Councilman First Ward.

There will be changes in each ward with the exception of the Fourth. In the Third ward, if Wm. Green secures



resigned early this year while Samuel T. Howe expects to resign before July I to become state tax commissioner. the programme goes through the First ward will have one new councilman, Second ward one, Third ward two, Fifth



B. Howard, Third Ward Nominee for Councilman.

ward two, and Sixth ward one. Seven of the twelve members of the council will be men new to their tasks.

May Give Place to Harvey. Mr. Green's unexpired term of office amounts to one year and if he should have the power of reappointing his successor he may appoint A. M. Harvey to fill the term out. Major Harvey worked hard for Green in the last campaign and would be a valuable member of the city council. city council.



## One of the Important Duties of Physicians and the Well-Informed of the World

is to learn as to the relative standing and reliability of the leading manufacturers of medicinal agents, as the most eminent physicians are the most careful as to the uniform quality and perfect purity of remedies prescribed by them, and it is well known to physicians and the Well-Informed generally that the California Fig Syrup Co., by reason of its correct methods and perfect equipment and the ethical character of its product has attained to the high standing in scientific and commercial circles which is accorded to successful and reliable houses only, and, therefore, that the name of the Company has become a guarantee of the excellence of its remedy.

## TRUTH AND QUALITY

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing, therefore we wish to call the attention of all who would enjoy good health, with its blessings, to the fact that it involves the question of right living with all the term implies. With proper knowledge of what is best each hour of recreation, of enjoyment, of contemplation and of effort may be made to contribute to that end and the use of medicines dispensed with generally to great advantage, but as in many instances a simple, wholesome remedy may be invaluable if taken at the proper time, the California Fig Syrup Co. feels that it is alike important to present truthfully the subject and to supply the one perfect laxative remedy which has won the appoval of physicians and the world-wide acceptance of the Well-Informed because of the excellence of the combination, known to all, and the original method of manufacture, which is known to the California Fig Syrup Co. only.

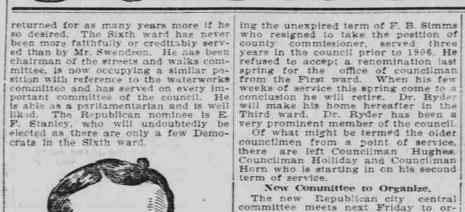
This valuable remedy has been long and favorably known under the name of-Syrup of Figs-and has attained to world-wide acceptance as the most excellent of family laxatives, and as its pure laxative principles, obtained from Senna, are well known to physicians and the Well-Informed of the world to be the best of natural laxatives, we have adopted the more elaborate name of-Syrup of Figs and Elixir of Senna-as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of Syrup of Figs-and to get its beneficial effects always note, when purchasing, the full name of the Company - California Fig Syrup Co.plainly printed on the front of every package, whether you simply call for - Syrup of Figs - or by the full name - Syrup of Figs and Elixir of Senna - as - Syrup of Figs and Elixir of Senna - is the one laxative remedy manufactured by the California Fig Syrup Co. and the same heretofore known by the name - Syrup of Figs - which has given satisfaction to millions. The genuine is for sale by all leading druggists throughout the United States in original packages of one size only, the regular price of which is fifty cents per bottle.

Every bottle is sold under the general guarantee of the Company, filed with the Secretary of Agriculture, at Washington, D. C., that the remedy is not adulterated or misbranded within the meaning of the Food and Drugs Act, June 30th, 1906.

## CALIFORNIA FIG SYRUP CO.

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C. H. Kutz, Fifth Ward Council Nominee,

Samuel T. Howe will resign in the summer from his position as councilman from the Fifth ward. He has been appointed as a member of the state tax commission and he finds that it will be impossible to give any more attention to his duties in the council. Mr. Howe is chairman of the ways and means committee. He has made a special study of tax matters and finance and his absence will be felt very special string of tax matters and inn-ance and his absence will be felt very keenly. Priends have prevailed upon him to stay on several months longer than he would like to. Mr. Howe has served two terms of two years each and is now midway in his third term. This vacancy will have to be filled by an appointment by the next mayor.



New Committee to Organize, The new Republican city central committee meets next Friday to organize. H. G. Larimer, present chairman, if he wishes the office will be reelected. Imri Zumwalt is a receptive

candidate for the honor. The new committee consists of the following men:
For committeemen: First ward—
Committeeman at large, John Steele:
first precinct, David Bowie; second



C. B. Burge, Nominee for City Clerk. precinct, C. C. Nicholson; third pre-cinct. Dr. O. P. Davis; fourth precinct,

W. M. Van Ness.
Second ward—Committeeman at large, S. T. Leachman; first precinct. iarge, S. T. Leachman; first precinct, Rufus Frazier; second precinet, D. S. Myers; third precinct, L. B. Pechner; fourth precinct, Philip C. Wilson; sixth precinct, Jesse A. Smelser.

Third ward—Committeeman at large, Dr. W. S. Lindsay; first precinct, H. G. Larimer; second precinct, Hugh McFarland; third precinct, W. C. Raiston; fourth precinct, S. W. Pa fer.

Fourth ward—Committeeman at large, T. F. Garver; first precinct, C. O. Knowles; second precinct, Frank M. Cope; third precinct, W. T. Calvin fourth precinct, J. C. Rogers.

Fifth ward—Committeeman at large, J. C. Shimer; first precinct, Imri Zumwalt; second precinct, A. T. Danleis; third precinct, R. S. Christian, Sixth ward—Committeeman at

Sixth ward — Committeeman at large, C. E. Heartburg: first precinct J. E. Wilson; second precinct, A. E.

Eat Fruit and Be Healthy.

Mr. Disser has an excellent orchard E. F. Stanley, Republican Nominee for Councilman Sixth Ward.

Councilman James Shimer completes his second term as councilman on next April 2d. Mr. Shimer is one of the popular members of the city council. C. H. Kutz is the Republican nominee. Mr. Shimer refused to become a candidate again and is thinking of running for county commissioner.

Mr. Disser has an excellent orchard and when we visited his place last week had apples and fresh cider in abundance to show that he appreciates the value of good apples as a prominent part of the family diet. If apples were consumed in large quantities by people generally, there would be less suffering from sickness.—Winfield Tribune.

Saved Her Son's Life.

The happiest mother in the little town

candidate again and is thinking of running for county commissioner.

Joseph Griley completes six years of Ava, Mo, is Mups. S. Ruppe. She writes:
"One year ago my sor, was down with service this spring. Griley desired to run on the Republican ticket for the renomination, but the city central committee decided that it would be better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley is chairman of the better for him to wait a little while longer. Griley desired to run on the Republican ticket for the renomination. But the city countral town of Ava, Mo, is Mups. Skuppe. She writes. "One year ago my sor, was down with such serious lung trouble that our physical safetics." The happiest mother in the little town of Ava, Mo, is Mups. Skuppe. She writes. "One year ago my sor, was down with such serious lung trouble that our physical safetics." The happiest mother in the little town of Ava, Mo, is Mups. Skuppe. The happiest mother in the little town of Ava, Mo, is Mups. Skuppe. The happiest mother in the little town of Ava, Mo, is Mups. Skuppe. The happiest mother in the little town of Ava, Mo, is Mups. Skuppe. The happiest mother in the little town of Ava, Mo, is Mups. Skupp



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